

# VivoFoot Memory Foam Insoles – User Manual

**Model:** B0D7Z42N85

**Overview:** Designed for all-day comfort, these insoles use memory foam cushioning to absorb shock and reduce foot fatigue.

## **Key Benefits:**

- Soft cushioning for comfort
- Shock absorption
- Breathable design
- Suitable for everyday use

## **How to Use:**

1. Remove existing insoles
2. Align and trace
3. Trim carefully
4. Insert into shoes

## **Tips:**

- Trim gradually
- Best for slightly loose shoes
- Not for strong arch correction

## **Care:**

- Air dry regularly
- Wipe clean
- Avoid heat

## **Safety:**

Stop use if discomfort occurs. Not for medical conditions without advice.